

What the Experts Have to Say



Dr Sherry Rogers, says: "Alkaline water rids the body of acid waste... After carefully evaluating the results of my advice to hundreds of individuals, I'm convinced that toxicity in the form of acidic waste is the primary cause of degenerative disease."



Dr. Susan Lark, University lecturer and author of *The Chemistry Of Success*, says: "Drinking four to six glasses of alkaline water a day will help to neutralize over acidity and over time will help to restore your buffering ability. Alkaline water should be used when conditions of over acidity develop, such as cold, flu or bronchitis. Like vitamins C, E and Beta Carotene, alkaline water acts as an antioxidant because of its excess supply of free electrons. This can help the body against the development of heart disease, strokes, immune dysfunctions, and other common ailments."



Felicia Drury Climent, Author, *The Acid Alkaline Balance Diet*, Adjunct Professor, City College, New York says: "After years of very positive continuous clinical experiment that I am conducting with hundreds of clients using electronically restructured alkaline water, it is my opinion that this technology will change the way in which all health providers and the public will approach their health in the coming years....My suggestion is to drink restructured alkaline water whenever possible."



Dr. Ingfreid Hobert MD, says: "You do not need expensive medicine with all the negative side effects to regain health... Alkaline water has profound long term effects because it alkalizes your body and provides an effective antioxidant".



Dr. Robert O. Young, PhD In his book, *The pH Miracle* says it this way: "Those willing to look again, and with clear eyes, will be rewarded with the secrets to permanent health. We can heal ourselves by changing the environment inside our bodies. Potentially harmful invaders, then, will have nowhere to grow and will become harmless."



Dr Hidemitsu Hayashi, Director of the Water Institute, Tokyo, He says that bad diets such as meat and potatoes, fried foods, soft drink colas, and sugars build up acid salts in the body. Often these deposits, by having to be stored away from the blood flow, can remain in the body for decades. He recommends the consumption of ionized alkaline water, which will slowly and gently wash these salts away.



David Niven Miller, Anti-aging expert and author of *Grow Youthful* "Increasing your consumption of good quality tap water or filtered water can transform your health and play a central role in the healing of virtually all degenerative diseases. However, alkaline water has profound long-term effects because it alkalizes your body and provides an effective antioxidant.